

Quarterly Newsletter

Fall 2023 Edition



The Law Offices Of
Nerina Smart, P.A.

Personal Injury Attorney
*Years of Experience Helping South Florida
Accident Victims*



Hello, from all of us at The Law Offices Of Nerina Smart! Time has really flown this year, and we're pleased to present to you the Fall 2023 issue, which marks a year since our first newsletter was launched! In our previous issue, we featured an exciting settlement alert announcement, upcoming local events and another delicious meal from our Recipe Corner. You can have a look at our previous newsletter editions [here](#).

This is our final newsletter for the year, and we hope you find the content useful and insightful. Thank you for reading our newsletters. We'll see you in 2024 with some more interesting information and updates. As we gear up to finish off 2023 on a high note, have a safe and joyous festive season.

-Nerina

Truck Accident FAQs



The two most frequently asked questions about truck accidents are:

What Evidence Is Crucial To Win a Truck Accident Case?

Strong evidence is the bedrock of a successful claim. You can strengthen your truck accident case by having different types of evidence, including:

- Truck black box
- Statement from eyewitnesses
- Police report to prove you were not at fault
- Photographs of the injuries, accident scene, and property damage
- Medical records detailing your diagnosis and prognosis
- Testimony from expert witnesses like first responders, accident deconstructionists, forensic toxicologists, and regulation experts.

Much of the evidence needed would be quite difficult to collect alone. Fortunately, The Law Offices of Nerina Smart, P.A. can request this and other crucial information.

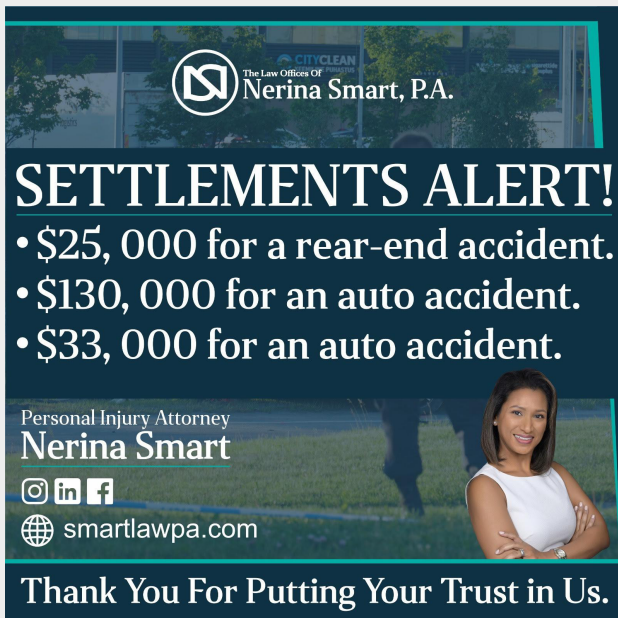
Do I Need To Get an Attorney for a Truck Accident?


Yes. If you've been harmed in a truck accident, you're entitled to compensation for your losses, injuries, suffering, and pain. An experienced lawyer can take on large truck companies and aggressively pursue compensation to ensure you don't settle for less than you deserve.

Our Website

Have you seen our website recently? We have been busy adding new articles and frequently asked questions ([FAQs](#)) you have.

Visit our website at smartlawpa.com to see how we can help you with your personal injury claim.







 **The Law Offices Of**
Nerina Smart, P.A.


SETTLEMENTS ALERT!

- \$25, 000 for a rear-end accident.
- \$130, 000 for an auto accident.
- \$33, 000 for an auto accident.

Personal Injury Attorney
Nerina Smart

 smartlawpa.com



Thank You For Putting Your Trust in Us.

Seasonal Tips

Healthy Fall Habits

As fall rolls around and temperatures start to dip, these healthy habits will keep you feeling your best.

Get Some Vitamin D

Even with the cool weather and shorter days, you don't need to hibernate. Try to soak up some sunshine for at least 15 minutes daily. Vitamin D supports your immune system and keeps your bones strong.

Take a Walk

Taking a 20 to 30-minute brisk walk each day has many benefits. It releases feel-good hormones that give you a burst of energy, improve your mood, and help you blow your stress away. You'll also enjoy the fresh air and maintain or get that summer body.

Don't Forget Your Sunscreen

Wear sunscreen any time you go outside. As the days become cloudier, the sun's UV rays can still penetrate the cloud cover and harm your skin. So, you need SPF to ward off those rays and protect your skin from sun spots, wrinkling, sunburns, and skin cancer.





Baked Apples

We're officially at the start of fall, and we love pumpkin spice and everything nice. It's also apple season. Baked apples make for a real treat and bring some much-needed warmth. With apples, you also get flavonoids and antioxidants, both great for your overall health. If you're craving dessert, you'll love this simple and utterly delicious recipe for baked apples.

Prep time: 15 mins
Cook time: 35 minutes
Servings: 4

For this baked apples recipe, some varieties of apples are better suited than others. They include:

- Ida red
- Jonathon
- Honeycrisp
- Rome Beauty
- Granny Smith
- Pink Lady
- Golden Delicious

Ingredients:

- 4 large baking apples
- 1 teaspoon cinnamon
- 1 tablespoon butter
- ¼ cup brown sugar
- ¾ cup boiling water
- ¼ cup chopped raisins or currants
- ¼ cup chopped pecans (optional)

Method

1. Hollow out your apples for stuffing. Rinse and dry your apples. Pull out the core, extra flesh, and seeds using a paring knife. You don't want too much flesh as it will take more time to cook the apples. So cut the holes about an inch wide and end approximately 2/3 of the way down.
2. Put the chopped raisins or currants, chopped pecans, brown sugar, and cinnamon in a bowl and stir to combine.
3. Place the apples in your baking dish and stuff them with the mixture. Put a quarter tablespoon of butter on top of the stuffing mixture.
4. Preheat the oven. Pour the boiling water at the bottom of your baking dish.
5. Bake at 375°F (190°C) for 30 to 45 minutes, until the apples are tender and cooked through but not mushy or overcooked. Slide a paring knife into the thickest section of an apple to see if well-baked. It should slide in with ease.
6. Once done, remove the apples from the oven and baste them with the pan juices.
7. Enjoy warm from the oven. Baked apples are delicious plain, but you can serve with whipped cream, salted caramel, or a drizzle of maple syrup.

How To Get the Most Value From Your Next Legal Appointment

You can get the best value from your lawyer by asking these questions during your next appointment.

Are There Other Ways To Solve My Legal Problems?

Ask your attorney if your legal problem can be resolved differently. There are many alternatives that can solve disputes. A good lawyer will outline options like out-of-court arrangements or arbitration that may cost you less money and time.

If you can take other courses of action, your attorney will help you weigh the benefits and drawbacks of each option. That way, you can make an informed decision that meets your goals.

Should I Tell My Lawyer Everything?

Perhaps there are some things you've held back from your attorney. However, it's vital to be honest with them. A winning case can be lost simply because you stretched the truth or lied. So, be completely honest. Besides, anything you say to your attorney is privileged. They can't share whatever you say in private with anybody. A well-informed lawyer can create the best possible defense strategy to ensure you attain an optimal outcome for your case.

Upcoming Events in Fort Lauderdale, Florida

Pumpkin Patch

Over 1,000 pumpkins available for sale to support Local Navajo families.

10/14/2023-10/31/2023 12:00pm – 7:00pm

Plantation United Methodist Church

[12050 W Sunrise Blvd](#)
Plantation, Florida 33323



Farmers Market

Fresh, wholesome goods

10/28/2023 8:00am – 2:00pm

Volunteer Park

[12050 W Sunrise Blvd](#)
Plantation, Florida 33323

Trunk-Or-Treat

An evening of trick or treating, arts & crafts, a costume contest, and more

10/31/2023 6:00pm – 8:00pm

Pine Island Park

[320 S. Pine Island Road](#)
Plantation, Florida 33324

Mall-O-Ween

Spooktacular family-friendly indoor event where kids can enjoy trick-or-treating and much more.

10/28/2023 1:00pm – 4:00pm

Broward Mall

[8000 W Broward Blvd](#)
Plantation, Florida 33388

Not Your Mama's Craft Fair

Filled with unique handmade and seasonal treasures

11/11/2023 9:00am – 5:00pm

12/11/2023 10:00am – 4:00pm

Volunteer Park

[12050 W Sunrise Blvd](#)
Plantation, FL 33323

Contact the Law Offices of Nerina Smart, P.A.

If you've been injured through no fault of your own, you may be wondering where to turn. You could have medical bills that are increasing in an alarming manner, and you may be injured severely enough that you are unable to return to work.



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